

UNICITY **BALANCE**

Healthy Glucose Support

Delicious, patented fiber drink to support your health and weight loss goals



Why would I want to use it?

- ⑥ Maintains healthy glucose levels*
- ⑥ Calms down hunger during and between meals*
- ⑥ Helps achieve weight loss goals without stimulants*
- ⑥ Allows the body to burn your fat for energy*
- ⑥ Offsets carbohydrates you eat*
- ⑥ Sustains healthy cholesterol and triglycerides*
- ⑥ Promotes healthy digestive function*
- ⑥ Listed in the PDR (Physician's Desk Reference)

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*



HOW DO I USE IT?



Mix one sachet of Balance with 8 -10 ounces of water



Shake vigorously until dissolved. Drink immediately



Wait 10-15 minutes before eating your meal

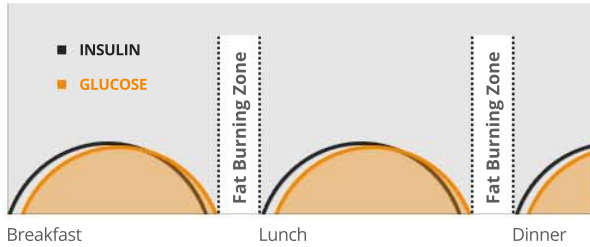


Drink before your two largest meals per day

To achieve your weight loss goals more quickly, wait a minimum of 4 hours between meals and 12 hours between dinner and breakfast.

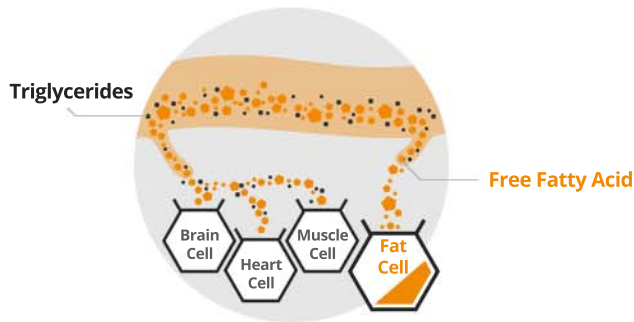
How does it work?

To Support Healthy Glucose



By slowing the rate your body turns food into glucose, Balance **effectively limits the amount of insulin needed**. Instead of turning glucose into fat, your body will efficiently use the glucose for energy.*

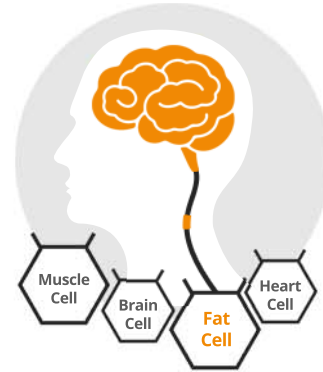
To Support Healthy Triglycerides and Cholesterol



By stabilizing blood sugar levels, Balance allows the body to turn **free fatty acids and triglycerides into energy** through the process of **lipolysis**.*

Fermentation of fiber in the intestines produces short chain **fatty acids**, inhibiting the synthesis of cholesterol.

To Support Weight Loss Goals



Restores the brains sensitivity to **Leptin**, a hormone produced by fat cells helping to **regulate appetite and metabolism**.*



The **fiber matrix** forms a gel in your small intestines producing a **feeling of fullness** supporting your ability to wait four hours between meals, **encouraging your body to use fat** stores to meet your energy needs.*

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NUTRITION FACTS: BALANCE GLUCOSE

Amount Per Serving		% Daily Value*	
Calories	10	Calories from Fat	0
Total Fat	0 g		0%
Sodium	0 mg		0%
Total Carbohydrate	5 g		2%
Dietary Fiber	4 g		16%
Soluble Fiber	4 g		†
Insoluble Fiber	0 g		†
Other Carbohydrates	1 g		†
Protein	0 g		
Vitamin A (100% as Beta-Carotene)	15%	Vitamin C	70%
Calcium	10%	Vitamin E	60%
Thiamin	100%	Riboflavin	100%
Niacin	100%	Vitamin B-6	90%
Folic Acid	60%	Vitamin B-12	35%
Biotin	6%	Zinc	15%

Not a significant source of Saturated Fat, Trans Fat, Cholesterol, Sugars, or Iron.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

†Percent Daily Value is not established.

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

INGREDIENTS: Biosphere Fiber® (Guar Gum, Gum Arabic, Locust Bean Gum, Maltodextrin, Citrus Pectin, Oat Fiber, Beta Glucan), **Nutri-Fiber™** (Proprietary Blend of Plant Derived Polysaccharides, Natural & Artificial Flavors, Calcium Carbonate, Stevia, Citric Acid), **Vitamin Complex™** (Calcium Carbonate, Vitamin C (Ascorbic Acid), Vitamin A (Beta-Carotene), Vitamin E (d-alpha Tocopheryl Acetate), Niacin (Niacinamide), Zinc (Zinc Gluconate), Vitamin B1 (Thiamine HCl), Biotin, Vitamin B2 (Riboflavin), Folic Acid, Vitamin B6 (Pyridoxine HCl), Vitamin B12 (Cyanocobalamin)), Orange Juice Powder, Citric Acid.