

# UNICITY **BALANCE**

## Healthy Cholesterol Support

Delicious, patented fiber drink to support your health and weight loss goals



### Why would I want to use it?

- Calms down hunger and cravings during and between meals\*
- Sustains healthy glucose, cholesterol and triglyceride levels\*
- Allows your body to burn your fat for energy\*
- Offsets carbohydrates you eat\*
- Helps achieve weight loss goals without stimulants\*
- Promotes healthy digestive function\*
- Listed in the PDR (Physician's Desk Reference)

*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*



### HOW DO I USE IT?



Mix one sachet of Balance with 8 -10 ounces of water



Shake vigorously until dissolved Drink immediately



Wait 10-15 minutes before eating your meal



Drink before your two largest meals per day

*To achieve your weight loss goals more quickly, wait a minimum of **4 hours between meals** and **12 hours between dinner and breakfast**.*

# How does it work?

## To Maintain Balanced Cholesterol



**Seven sources** of soluble and insoluble fiber, (4 grams) forms a gel in the small intestines trapping **bile acids** and prevents them from being absorbed by the body. To replace lost bile acids, the body will draw out cholesterol, **reducing overall cholesterol supply**.\*

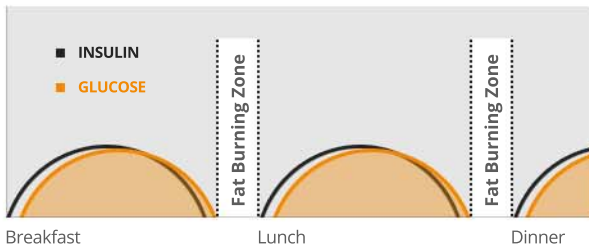


Fermentation of fiber in the intestines produces short chain **fatty acids**, inhibiting the synthesis of cholesterol.

**Phytosterols** blocks food-based cholesterol from being absorbed into the bloodstream.\*

**Chrysanthemum Morifolium** activates enzymes that take LDL and converts it into bile.\*

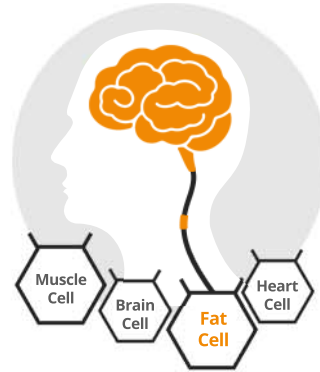
## To Support Healthy Blood Glucose



By slowing the rate your body turns food into glucose, Balance effectively **limits the amount of insulin** needed. Instead of turning glucose into fat, your body will **efficiently use the glucose for energy**.\*

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## To Support Weight Loss Goals



Restores the brains sensitivity to **Leptin**, a hormone produced by fat cells helping to **regulate appetite and metabolism**.\*



The **fiber matrix** forms a gel in your small intestines producing a **feeling of fullness** supporting your ability to wait four hours between meals, **encouraging your body to burn your fat** stores to meet your energy needs.\*

## NUTRITION FACTS: BALANCE CHOLESTEROL

Supplement Facts			
Serving Size 1 Packet (7.25 g)		Servings Per Container 60	
Amount Per Serving	% Daily Value*		
Calories 15			
Total Carbohydrate	5 g	2%	
Dietary Fiber	4 g	16%	
Soluble Fiber	4 g	†	
Other Carbohydrates	1 g	†	
Vitamin A (100% as Beta-Carotene)	750 IU	15%	
Vitamin C	45 mg	75%	Vitamin E 20 IU 67%
Thiamin	2 mg	134%	Riboflavin 2 mg 118%
Niacin	26 mg	130%	Vitamin B-6 7 mg 350%
Folic Acid	220 µg	55%	Vitamin B-12 25 µg 417%
Biotin	20 µg	7%	Calcium 60 mg 6%
Zinc	2.33 mg	16%	Chromium 100 µg 84%
<b>Biosphere Fiber*</b>	3822.1 mg	†	
Guar Gum, Gum Arabic, Locust Bean Gum, Maltodextrin, Citrus Pectin, Oat Fiber, Beta Glucan			
<b>Unicity 7x™</b>	1700.0 mg	†	
Proprietary Blend of Plant Derived Polysaccharides, Natural & Artificial Flavors, Citric Acid, Calcium Carbonate			
<b>Bios Cardio Matrix™</b>	1018.5 mg	†	
Phytosterols, Chrysanthemum Morifolium (Flower Bud), Policosanol (Sugar Cane Extract)			
<b>Bios Vitamin Complex™</b>	350.0 mg	†	
Calcium Carbonate, Vitamin C (Ascorbic Acid), Chromium, Vitamin A (Beta-Carotene), Vitamin E (d-alpha Tocopheryl Acetate), Niacin (Niacinamide), Zinc (Zinc Gluconate), Vitamin B6 (Pyridoxine HCl), Vitamin B12 (Cyanocobalamin), Folic Acid, Vitamin B1 (Thiamin HCl), Biotin, Vitamin B2 (Riboflavin)			

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.  
†Percent Daily Value is not established.

**OTHER INGREDIENTS:** Orange Juice Powder, Citric Acid, Sucralose.